

GO-TO SSM before workplace emergencies hit

by Mike Waite

Most of us don't expect to find ourselves in the face of a medical emergency when we go to work in the morning.

In fact, unless we are doctors, paramedics or other medical professionals, acting quickly to save a life or prevent injury is probably the last thing on our minds.

But emergency situations are always possible in the workplace – the key is being prepared to respond efficiently, effectively and calmly if and when the need arises.

Safety Services Manitoba's Emergency First Aid and CPR/AED course helps workers arm themselves for such scenarios and ultimately aims to reduce the number of Manitobans who suffer serious injury, illness or death because there was no one around with the skills to help.

A confident and immediate response often makes the difference in emergency situations – and

there truly is no downside to being prepared.

Using both classroom and hands-on modules, our trained and certified instructor will lead you or your group through emergency action procedures; adult choking emergency response; anti-contamination measures; wound, cut, shock and burn care; procedures for concussions and neck/back injuries and adult CPR.

The skills learned at our one-day program are targeted for the workplace, but can also help in case of emergencies at home and on the road.

So before workplace emergencies hit, make sure you GO-TO Safety Services Manitoba for your First Aid training.

GO-TO www.safetyservicesmanitoba.ca or call 204.949.1085 for information on upcoming training sessions.

