



CAPSC
Safety
Services
MANITOBA

introducing

CERTIFIED HEALTH ERGONOMICS SAFETY SPECIALIST (CHESS)



CHESS

Certified Health Ergonomics Safety Specialist

- ▶ Professional designation program
- ▶ 3 days in class + 2 days of home study
- ▶ Designed and taught by a health care professional and ergonomist



Practical Techniques to Tackle Your Company's Biggest Health Cost

Musculoskeletal injuries (MSIs) are the single greatest cost a company faces – 59 per cent of all time-loss injuries according to WCB. The Certified Health Ergonomics Safety Specialist (CHESS) Designation Program provides graduates with the knowledge and skills to assess the risk of MSIs in the workplace and prevent injuries with practical ergonomic solutions.

Cutting-Edge, Convenient Study Program

CHESS is unique among ergonomics training programs:

- Uses accurate, up-to-date ergonomic and medical research to provide leading edge insights into ergonomics and injury prevention
- Designed and taught by Dr. Stephan Cooper, M.Sc., D.C. – a health care professional specializing in musculoskeletal health with a Master's degree in Health Ergonomics
- A full five-day (40-hour) program that accommodates busy work schedules with just three days of classroom teaching paired with home study equivalent to two days of training

Coming Soon! The first CHESS Designation Program will be held February 13-15, 2012, at SSM.

Course fee: \$1,895

For more information: safetyervicesmanitoba.ca/chess

To register: (204) 949-1085 • 1-800-661-3321 • registrar@safetyervicesmanitoba.ca



GO-TO www.safetyervicesmanitoba.ca