



OCCUPATIONAL HEALTH  
& SAFETY CONFERENCE

JANUARY  
25 & 26  
2017

ASSEMBLY OF MANITOBA  
SAFETY PROFESSIONALS  
JANUARY 24

VICTORIA INN  
HOTEL &  
CONVENTION  
CENTRE  
1808 WELLINGTON AVENUE

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 Safety Services Manitoba

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## Safety 365: Lead the Way, Every Day

*Safety 365: Lead the Way, Every Day* speaks to safety culture – a way of thinking, behaving and working, every day. It reminds us that it's not enough to just build a culture of workplace safety – we need to work every day of every year to maintain the standards, rules and processes we develop to get everyone home safe at the end of each work day.

The conference will give you tips and tools to lead the way, every day – in your workplace and at home.

### Who Should Attend?

*Safety 365: Lead the Way, Every Day* is a must-attend event for anyone whose job involves responsibility for safety, health and wellness. This year's lineup of topics offers insights and tips for senior managers, supervisors, union safety representatives, lead hands, occupational health and safety specialists, safety engineers, loss and risk managers, human resource managers, contractors and consultants.

This year we're pleased to host the third annual Assembly of Manitoba Safety Professionals – an advanced safety and health training and conference day specifically designed to meet the needs of Manitoba's safety professionals. We're looking forward to another full day of topics, round-table discussions and speakers – please see the Assembly of Manitoba Safety Professionals insert for more information.

### Why You Should Attend

The SSM Occupational Health and Safety Conference brings together over 600 delegates who play a role in health and safety in Manitoba and beyond. This is your chance to connect, share ideas and learn with your fellow safety leaders.

- Choose from 24 workshop presentations, selected to help you build a safety culture
- Hear keynote speakers Alan Quilley, Judy Croon, Duane Janiskevich and Stuart Ellis-Myers, a.k.a. "Twitchy" (see their brief bios below and visit the website for more detailed information)
- Explore the latest in health and safety products and services with over 40 exhibitors in our trade show
- BCRSP has previously awarded CM points for this event. The current agenda contains 11 technical hours and may be eligible for BCRSP CM points. See the BCRSP website ([bcrsp.ca](http://bcrsp.ca)) for CM point criteria. Please note: The Assembly of Manitoba Safety Professionals includes 6 additional technical hours.

### Meet Our Keynote Speakers



#### **Alan Quilley**

With over three decades of experience in occupational safety and health and a Canadian Registered Safety Professional (CRSP) designation, Alan Quilley is a sought-after speaker and instructor. Engaging, entertaining and outspoken, Alan shares his expertise in the municipal, transportation and healthcare sectors with eager audiences.



#### **Judy Croon**

Judy Croon is a comedian, motivational speaker, Second City stand-up coach, radio host and author. She uses the powerful tool of comedy to get her message across to audiences from all sectors, including workplace safety and health and human resources, to name a few. She also puts her talents to work to raise money for breast cancer research and pet rescue and adoption.



#### **Duane Janiskevich**

As a humorous and passionate storyteller, Duane encourages audiences to address their safety attitudes and inspires people to learn from their own life lessons. He's taken a lot of chances, had many careers and learned from big mistakes. He and his family reside in Regina, Saskatchewan.



#### **Stuart Ellis Myers, a.k.a. "Twitchy"**

At age eight, Stuart Ellis-Myers began to develop Tourette's Syndrome, along with the often disabling mental health realities associated with the disorder. Instead of letting it turn his life upside down, Stuart, a.k.a. Twitchy, instead chose to share how everyone can experience a remarkable and unstoppable life. His story may inspire you to take your own journey from "mental health to mental wealth."

# Planning Your Conference

Looking for complete workshop descriptions and speaker biographies? Visit [safetyservicesmanitoba.ca](http://safetyservicesmanitoba.ca)

## Wednesday, January 25, 2017

Time	Event	Title	Speaker	Stream*
7:30 am		Registration, Tradeshow and Continental Breakfast		
8:30 am	Conference Opening			
8:45 am	Keynote Presentation	<b>Relieving Work-Related Stress with Humour</b>	Judy Croon	
9:45 am	Workshop Session A	Refreshment Break and Tradeshow		
10:15 am		A1 Stand up to Stress and Difficult People with Humour	Judy Croon	H&W
		A2 Musculoskeletal Injury Prevention	Roland Reenders, SAFE Work Manitoba	SL
		A3 Leadership: Effective Training Programs	Dr. Ben Amick, Institute for Work & Health	SL
		A4 Introduction to Investigating Workplace Incidents (Part 1 of 2)	Jack Slessor, SAFE Work Manitoba	S101
		A5 How to Hold GREAT Safety Meetings – “These Meetings Don’t Suck Anymore!”	Alan Quilley, Safety Results	S101
	A6 Driving Myths – Public Perception vs. Reality	Larry Dalman, SSM	S101	
11:30am	Plenary Session	<b>On the Cusp of Change – Manitoba’s New Culture of Safety</b>	Jamie Hall, SAFE Work Manitoba	
Noon	Lunch and Tradeshow			
1:15 pm	Workshop Session B	B1 Shifting the Conversation: Addressing Psychosocial Risk Factors and Stress Management	Susan Freeman and Emma Nicolson, CCOHS	H&W
		B2 Emergency Management: Who Owns It? Who is Responsible?	Randy Hull	SL
		B3 Psychological Health and Safety – Make it the Standard	Sue Roth and Geoffrey Thompson, SAFE Work Manitoba	H&W and SL
		B4 Introduction to Investigating Workplace Incidents (Part 2 of 2)	Jack Slessor, SAFE Work Manitoba	S101
		B5 How People Are Injured When Contacting Utilities and How to Prevent It	Jeff Olsson, Manitoba Hydro	S101
		B6 How Successful Organizations are Making Workplace Safety a Habit	NAOSH Manitoba Panel	S101
2:30 pm		Refreshment Break and Tradeshow		
3:00pm	Plenary Session	<b>Start – Stop – Continue: Achieving Safety Excellence by Making it Personal!</b>	Alan Quilley	
4:15 pm	Adjourn for the Day	Prize Draw		

## Thursday, January 26, 2017

8:00 am		Registration, Tradeshow and Continental Breakfast		
8:45 am	Day Two Opening			
9:00 am	Keynote Presentation	<b>The Safety Syndrome: Mental Health to Mental Wealth</b>	Stuart Ellis-Myers (“Twitchy”)	
10:00 am	Workshop Session C	Refreshment Break and Tradeshow		
10:30 am		C1 Building Personal Resilience – Small Investments for Big Payoffs (Part 1 of 2)	Shannon Gander, Facilitated Solutions	H&W
		C2 Whiplash – A Paradigm Shift: Facts, Myths and the Untold Truth	Joe Tataryn, Birds Hill Physiotherapy	H&W
		C3 Mental Health Safety First and Leadership by Fire A.N.C.H.O.R.I.N.G. – A Safety Group Therapy Experience	Stuart Ellis-Myers (“Twitchy”)	H&W
		C4 Journey to Zero Harm: Changing Culture One Person and One Day at a Time	Kirk Regular, MAMI	SL
		C5 Mock First Aid Accident Scene: Investigation Techniques	David Dyck, Safety Services Manitoba	S101
	C6 The Challenge of Drug Impaired Driving	Adam Cheadle, MPI	S101	
11:45 am	Lunch			
1:00 pm	Workshop Session D	D1 Building Personal Resilience – Small Investments for Big Payoffs (Part 2 of 2)	Shannon Gander, Facilitated Solutions	H&W
		D2 Implementing Strategic Wellness Programming	Michelle Walker, MBLL and Cheryl Swanson and Kent Blackmon, City of Winnipeg	H&W
		D3 A Respectful Workplace – Harassment Prevention	Lisa Bircham, People First	H&W
		D4 Indoor Air Quality (IAQ) – Where to Start, When to Refer to Experts	Ivan Sabesky, Health, Safety & Environmental Solutions	SL
		D5 Occupational Hygiene Testing and Analysis	Michael Boileau, SAFE Work Manitoba	SL
		D6 Due Diligence – Are We Speaking the Same Language?	Gary L’Heureux	S101
2:15 pm		Refreshment Break		
2:30 pm	Plenary Session	<b>Stop Cutting Corners – Safety is in Your Hands!</b>	Duane Janiskevich	
3:30 pm	Conference Wrap Up	Prize Draw		

\*Legend on Registration Form Page

Register online at [safetyservicesmanitoba.ca](http://safetyservicesmanitoba.ca). Workshops are filled on a first come, first served basis – our secure online registration is the best way to reserve your spot and confirm your course selections instantly. Alternatively you can mail this form to the address in Note #5 on the next page.

Delegate Name: \_\_\_\_\_

Please indicate your 1st, 2nd and 3rd choices for each workshop block. We will make every effort to accommodate your choices.

## Wednesday, January 25, 2017

Stream

1st	2nd	3rd	Session	Title	
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A1:	Stand up to Stress and Difficult People with Humour	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A2:	Musculoskeletal Injury Prevention	SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A3:	Leadership: Effective Training Programs	SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A4:	Introduction to Investigating Workplace Incidents (Part 1 of 2)	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A5:	How to Hold GREAT Safety Meetings – “These Meetings Don’t Suck Anymore!”	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A6:	Driving Myths – Public Perception vs. Reality	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	B1:	Shifting the Conversation: Addressing Psychosocial Risk Factors and Stress Management	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	B2:	Emergency Management: Who Owns It? Who is Responsible?	SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	B3:	Psychological Health and Safety – Make it the Standard	H&W and SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	B4:	Introduction to Investigating Workplace Incidents (Part 2 of 2)	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	B5:	How People Are Injured When Contacting Utilities and How to Prevent It	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	B6:	NAOSH MB Panel – How Successful Organizations are Making Workplace Safety a Habit	S101

## Thursday, January 26, 2017

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	C1:	Building Personal Resilience – Small Investments for Big Payoffs (Part 1 of 2)	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	C2:	Whiplash – A Paradigm Shift: Facts, Myths and the Untold Truth	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	C3:	Mental Health Safety First and Leadership by Fire A.N.C.H.O.R.I.N.G. – A Safety Group Therapy Experience	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	C4:	Journey to Zero Harm: Changing Culture One Person and One Day at a Time	SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	C5:	Mock First Aid Accident Scene: Investigation Techniques	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	C6:	The Challenge of Drug Impaired Driving	S101
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	D1:	Building Personal Resilience – Small Investments for Big Payoffs (Part 2 of 2)	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	D2:	Implementing Strategic Wellness Programming	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	D3:	A Respectful Workplace – Harassment Prevention	H&W
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	D4:	Indoor Air Quality (IAQ) – Where to Start, When to Refer to Experts	SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	D5:	Occupational Hygiene Testing and Analysis	SL
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	D6:	Due Diligence – Are We Speaking the Same Language?	S101

I also will attend the Assembly of Manitoba Safety Professionals advanced training and conference day (Tuesday, January 24, 2017).

### Stream Legend

H&W = Health and Wellness  
 SL = Safety Leadership  
 S101 = Safety 101

# Conference Fee Schedule and Registration Form

	Prior to Dec. 9, 2016	Plus GST (5%)	Total	After Dec. 9, 2016	Plus GST (5%)	Total
<input type="radio"/> 3-Day Conference, includes AMSP (Tuesday session), Wednesday AND Thursday sessions	\$659	\$32.95	\$691.95	\$719	\$35.95	\$754.95
<input type="radio"/> 2-Day Conference, either: • AMSP (Tuesday session) plus Wednesday OR Thursday • Wednesday AND Thursday sessions	\$469	\$23.45	\$492.45	\$529	\$26.45	\$555.45
<input type="radio"/> 1-Day Conference, either: • AMSP (Tuesday session only) • Wednesday session only • Thursday session only	\$349	\$17.45	\$366.45	\$379	\$18.95	\$397.95

**Please Note:**

1. Payment in full for early bird registration MUST BE RECEIVED BEFORE THE DEADLINE OF DECEMBER 9, 2016.
2. Registration fees include breakfasts and lunches.
3. Each two-day delegate will receive a certificate of attendance only upon request after the conference concludes.
4. Cancellations/Refunds will only be allowed or provided on the following basis: if cancellation is received in writing before **December 9, 2016**, you will receive a full refund less a \$25 administration fee. **NO REFUNDS** will be given after December 9, 2016. Substitution of delegates is acceptable. Those who register but did not pay in advance of the start of the conference and do not attend for any reason will be expected to pay the full fee owing to cover the costs associated with pre-purchasing materials and meals on their behalf.
5. Please make your cheque payable to **"Safety Services Manitoba"** and send payment to **"Safety 365" c/o Planners Plus Inc., 106-475 Provencher Blvd., Winnipeg, MB R2J 4A7.**
6. For information about registration please contact Tamara Spence, Registration Coordinator, 204.257.5205 or [tamara@plannersplus.ca](mailto:tamara@plannersplus.ca).

**Please print clearly and ensure all information is provided.**

Delegate Name: \_\_\_\_\_ Position: \_\_\_\_\_

Professional Designation (choose all that apply):  CRSP  CHSC  CHRP  Other: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

(NOTE: Your registration confirmation and receipt will be sent to the email address provided above.)

Please advise if you have any medically directed dietary requirements and/or allergies. \_\_\_\_\_

Please advise if you have any physical limitations that will require assistance onsite. \_\_\_\_\_

Cheque enclosed  Invoice  Visa  MasterCard

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ / \_\_\_\_\_ 3 Digit Code: \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

Signature: \_\_\_\_\_

*(NOTE: Charges related to your registration will appear on your credit card as Planners Plus Inc.)*

## Victoria Inn Hotel & Convention Centre

1808 Wellington Avenue (adjacent to James Armstrong Richardson International Airport)

Safety Services Manitoba Conference Room Rate - \$129

To receive the reduced conference rate call 204.786.4801 and quote code #704343.

Accommodation is limited, so register early!



## Special Event: Alan Quilley brings his CRSP prep course to Manitoba!

Safety Services Manitoba is looking forward to welcoming Alan Quilley to Winnipeg in 2017, not only as one of the keynote speakers at our OHS Conference and Assembly of Manitoba Safety Professionals, but also to conduct a CRSP Examination Preparation Workshop!

**January 22 & 23, 2017 | \$799 (plus taxes)**

Call 780.710.0247 or visit [www.safetyresults.ca/crsp\\_courses.html](http://www.safetyresults.ca/crsp_courses.html) for more information.

This conference would not be possible without the support of our sponsors:



**Manitoba  
Public Insurance**



**Register and pay by December 9, 2016**  
and save \$60 per registrant for the two-day conference!

## Conference Planning Committee

Rob Beal, CRSP

Kent Blackmon, CRSP  
CITY OF WINNIPEG

Fiona Bugera  
MAPLE LEAF FOODS

David Erl, CRSP, CHSC  
SAFETY SERVICES MANITOBA

Elena Gagliardi  
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